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## SUBJECT GROUP 6000-6099 GENERAL

## SUBGROUP 6000 - GENERAL

- 6000.1 Naval Medical Center (NAVMEDCEN), Portsmouth. NAVMEDCEN Portsmouth is a full service medical treatment facility which offers both inpatient and outpatient services. Appointments can be made by contacting the TRICARE Service Center or via message referral.
- a. <u>Branch Medical Clinics (BRMEDCLINIC)</u>. The Hampton Roads area offers six BRMEDCLINIC's to assist in meeting your health care needs. Offered services vary due to the clinics size and the population served.
- 6000.2 <u>Medical Guardship Assignment</u>. Medical guardship duties will be assigned and rotated among suitable ship types: AD, AFD, AOE, AOR, AS, CGN, LCC, LHA, LHD, LPD, LKA, LPH, LSD. CV/CVN's will maintain continuous medical guard for themselves and the ships sharing their piers.
- a. SOPA(ADMIN) Subarea will make guardship assignments via message for NAVSTA Norfolk. Separate assignments will normally be made for Piers 2-12 and 20-25. Guardship duties will rotate on a weekly basis and will not be assigned to any ship under the following conditions:
  - (1) 30 days pre-deployment (3 or more months)
  - (2) 30 days post-deployment (3 or more months)
  - (3) Ship in port for five or less days
  - b. NAVPHIBASE Little Creek has no guardship assignment.
  - c. WPNSTA Yorktown has no guardship assignment.
- d. More detailed guidance on duties and responsibilities can be found in COMNAVSURFLANTINST 6000.1 series.
- 6000.3 Recompression Chamber Guard Norfolk Subarea (Bends Watch). COMSUBLANT, Force Medical Officer will prepare the recompression chamber guard and medical watch list and submit it to SOPA (ADMIN) Subarea for distribution by message.
- a. Chamber guard assignments will be for a seven-day period to include weekends and holidays. The duty day begins at 0800 and ends at 0800 the following day.
- b. Chamber teams will be onboard from 0800 to 1600 on normal workdays. After 1600 and on weekends and holidays the chamber team will be on a 45-minute recall.

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- c. Qualified Navy Diving Medical Officers (NOBC 0170) will be used when possible. In an emergency, Medical Officers with the NOBC 0170 may be requested from NAVMEDCEN Portsmouth. The duty Diving Medical Officer may be contacted after normal working hours via the NAVSTA Norfolk duty officer.
- d. Personnel in the Hampton Roads area shall be referred to the designated chamber guard. Advanced contact will be made with the chamber guard so an emergency chamber team will be available prior to the patient's arrival. Commands referring personnel for routine pressure testing for such purposes as submarine school, diving schools, etc. will make appointments by contacting one of the commands listed below:
- (1) Mobile Diving and Salvage Unit TWO, NAVPHIBASE Little Creek, Norfolk, VA
- (2) Explosive Ordnance Disposal Group TWO, Fort Story, Virginia Beach,  ${\tt VA}$